





































## Appendix C: Summary of recommendations from the 2017 Australian Mental Health Care in the

### Screening for anxiety

|    |                                |  |
|----|--------------------------------|--|
| ix | Consensus Based Recommendation | Be aware that anxiety disorder is very common in the perinatal period and should be considered in the broader clinical assessment.   |
| x  | Consensus Based Recommendation | As part of the clinical assessment, use anxiety items from screening tools (e.g. EPDS items 3, 4 and 5, DASS anxiety items and K-10 items 2, 3, 5 and 6) and relevant items in structured psychosocial assessment tools (e.g. AN |







